

Tuesday 24th March 2020 – Home learning

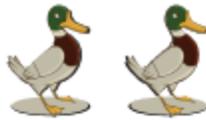
Literacy

- What do you want to be when you are older? Police officer? A dentist? A hairdresser?
Whatever you want to be, you can do it!
- Research the role that you have chosen. You could find this information in books or on the internet.
- Can you write sentences to describe the role? Eg. When I grow up, I want to be a firefighter. Firefighters have to be strong and brave to save people from fires.

Mathematics

- Number formation from 0-100, ensuring that all numbers are facing the correct way.
- Counting in groups of 2, 5 and 10.

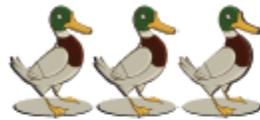
A duck has 2 legs. Use this fact to work out the problems below.



How many legs do 2 ducks have?

$$2 + 2 = \underline{\quad} \quad 2 \times 2 = \underline{\quad}$$

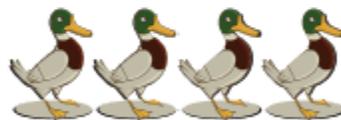
- Can you count all of the shoes in your house in 2s, 5s and 10s? Can you group them in different ways and count them? Eg. All of the green shoes, all of the brown shoes?



How many legs do 3 ducks have?

$$2 + 2 + 2 = \underline{\quad} \quad 3 \times 2 = \underline{\quad}$$

- Alfie, Edward, Codie –
Counting in 3s
Sort the shoes into groups of 3
Can you write the matching multiplication sums?
E.g. 3 lots of 3 shoes $3 \times 3 = 9$



How many legs do 4 ducks have?

$$2 + 2 + 2 + 2 = \underline{\quad} \quad 4 \times 2 = \underline{\quad}$$

- Repeated addition activity to prepare for multiplication and division topic after Easter.



How many legs do 5 ducks have?

$$5 \times 2 = \underline{\quad}$$

Topic – Keeping our bodies healthy

We're going to do some things now that help our bodies to be healthy.

Think of 4/5 different exercises.

- Skipping
- Dancing (music playing, children can 'freestyle' or make up a routine)
- Jumping jacks
- Balancing

Encourage the children to take a sip of water before they start. Remind them of the importance of keeping hydrated, especially when exercising.

Ask the children to feel their heart rate by putting their hands on their chest. Ask, 'What do you think will happen to your heart rate when you exercise?'

Spend 2 minutes on each activity.

In between each activity, encourage the children to sip water.

When the children have completed the circuit of activities, ask them to feel their heart rate again and notice what happened. Explain that when we exercise, we use up energy and our heart has to beat faster to send the blood to deliver energy all around our body.

'As well as exercise, our bodies need a chance to relax and rest.'

Do some gentle stretching exercises. Then ask the children to find a space to lie down in. Play some relaxing music and encourage them to put their hands on their chest, close their eyes and feel their breathing and heart rate slowing down.

After the rest period, remind the children that our bodies need fruit and vegetables to stay healthy. Offer a selection of healthy snacks.